FORM 4

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL					
	OMB Number:	3235-0287					
Estimated average burden							
l	hours per response:	0.5					

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person*     KEATING FRANK A															(Che	Relationship of Reporting Po (Check all applicable)     X Director			10% Owner		
(Last) (First) (Middle) 101 CONSTITUTION AVENUE, NW						3. Date of Earliest Transaction (Month/Day/Year) 11/10/2004										Officer (give title Other (specify below) below)				specify	
SUITE 700					4. 1	4. If Amendment, Date of Original Filed (Month/Day/Year)										6. Individual or Joint/Group Filing (Check Applicable					
(Street) WASHINGTON DC 20001-2133														- 1 '	X Form filed by One Reporting Person Form filed by More than One Reporting Person						
(City)	(S	tate)	(Zip)																		
		Tal	ole I - No	n-Deri	vativ	e Se	curit	ties Ac	quire	ed, I	Disp	osed o	f, or E	Bene	ficially	y Owned					
1. Title of Security (Instr. 3)  2. Transa Date (Month/Date)					ear)   i	2A. Deemed Execution Date, if any (Month/Day/Year)		Co	Transaction Code (Instr.							es ally Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership		
									Co	de	v	Amount	(A (D	or	Price	Reported Transact (Instr. 3	ion(s)			(Instr. 4)	
Common	Stock			11/1	0/200	4			N	Л		11,250	0	A	\$13.37	7 26	250		D		
Common	Stock			11/1	0/200	/2004			N	1		11,250	0 .	A	\$13.35		500 D		D		
Common	Stock			11/1	0/200	/2004			N	Л		12,500		A	\$15.06		0,000		D		
Common	Stock			11/1	0/200	/2004		5	5		3,700		D	\$16.97 4		5,300		D			
Common Stock 11/10/				0/200	/2004		S	5		5,500		D	\$16.98 40		,800		D				
Common Stock 11/10/2									5	5		5,800		D	\$16.99		,000		D		
Common						2004			5	$\dashv$		5,000	_	D	\$17	+ - '	30,000		D		
Common	Stock			<u> </u>	0/200				5			8,882		D	\$17.01		,118		D		
		•	Table II -									osed of, onvertil				Owned					
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transact Code (In		on of E		Expira	5. Date Exercisable and Expiration Date Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		curity 1)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)		10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exerc	isabl		expiration Date	Title	Or No Of	umber						
Non- Qualified Stock Option (right to buy)	\$13.35	11/10/2004			M			11,250	04/01	L/ <b>200</b> 4	1 0	4/01/2014	Comm Stock		1,250	\$0	0		D		
Non- Qualified Stock Option (right to buy)	\$13.37	11/10/2004			M			11,250	01/02	2/2004	1 0	1/02/2014	Comm Stock		1,250	\$0	0		D		
Non- Qualified Stock Option (right to buy)	\$15.06	11/10/2004			M			12,500	07/01	/2004	1 0	7/01/2014	Comm Stock		2,500	\$0	0		D		
Explanatio	n of Respons	ses:														1 -					
												<u>B</u> y	<u>/: Jenn</u>	iter N	ı. Grig	sby For:	11/12/2	2004			

Frank Keating

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

 $<sup>^{\</sup>star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

<sup>\*\*</sup> Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Persons who respond to the colle	ection of information contained in thi	is form are not required to resp	ond unless the form displays a cu	rrently valid OMB Number.